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Free Spirit: A Coloring Book For Calming Your Mind, Freeing Your Imagination, And Igniting Your Soul



Synopsis

Introducing the world's first interactive adult coloring book, infused with the whimsy and bohemian-chic artistry of celebrity jewelry designer Jes MaHarry. As the number-one selling jewelry designer for the Sundance catalog from Robert Redford, Jes MaHarry's whimsical designs have been featured on Ellen, Good Morning America, and the Today show, and have been worn by celebrity trendsetters like Lena Dunham, Jennifer Aniston, and Julia Louis-Dreyfus. Her eclectic style appeals to those who favor the hand-crafted over the mass-produced, and her carefully sculpted charms are infused with spirit, insight, and a rare depth of emotion. On the cutting edge of her industry, MaHarry was the first jewelry designer to popularize positive affirmations written on jewelry. Her positive messages, which are carved into her award-winning jewelry, have garnered her countless fans across the globe, including Pope Benedict who commissioned her to design commemorative coins for the Catholic Church. MaHarry now sets a trend in motion with her Free Spirit adult coloring book, which, like no other coloring book, also features positive affirmations, spiritual inquiries, and room for users to answer questions and add their own artful elements. Each page of beautiful, hand-drawn illustrations leads readers into spiritual inquiry through journaling prompts, mindful magic through coloring, and offers encouragement for freeing the spirit so it can soar.

Book Information

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Average Customer Review: 4.8 out of 5 stars See all reviews (42 customer reviews)

Best Sellers Rank: #85,195 in Books (See Top 100 in Books) #48 in Books > Self-Help > Journal Writing #107 in Books > Self-Help > Art Therapy & Relaxation #380 in Books > Self-Help > Creativity

Customer Reviews

Wow, Jes! This is amazing! It's not just a coloring book, it's so much more! Honestly, it felt like a hug from a friend, but that might just be me. When Bill came home, he picked it up and said "That looks

like Jes's work"! And it came into my life at just the right time too. Want to find me? I'll be out back coloring and centering my being.

When I ordered this coloring book it showed that it was back ordered but I received the book within a few days. I love Jes MaHarry's work and can't wait to color in this book. The pictures are beautiful and truly reflect Jes.

This is a great book for freeing your imagination and just letting your creative muse tickle you as you doodle away and watch an amazing colorful design appear before your eyes. I am also happy to see that the book, and Jes MaHarry's work and larger purpose, focuses on helping animals in need of assistance. Keep up the good work Jes MaHarry! The author is also offering an wonderful signed designer charm at: [...]

Jes Maharry has done an amazing job with this coloring book for adults. It is full of heartfelt messages of hope and uplifting one's spirit. I highly recommend this book. Even if you don't color the messages within are worth reading, very uplifting.

Love Jes Maharry's jewelry and now her art in this coloring book. Her ranch is near me and she rescues animals of all species, they are free to wander the ranch and the studio...such a wonderful place. Many of the animals in this book belong to her, they are so lucky! I love the drawings and the calming and inspiring words.

I ordered this book with the understanding that I would also receive a keychain. I waited and never received the key ring. I feel tricked into buying this. This takes the enjoyment out of it and I have barely glanced in the book.

I bought this but returned it! While I love her art and philosophy, I couldn't see myself doing this book! First off I want to remove the pages to color as they lay flat! These are designed to be more of a journal. So, great idea, for someone else!

This is an exceptional coloring book from an exceptional artist. I own several pieces of Jes Maharry's jewelry and was excited to see her new book. I knew it would be fabulous, but it exceeded even my high expectations. If you love a whimsical, uplifting world of animals then this is

your coloring book. It's an experience and not merely a book.

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